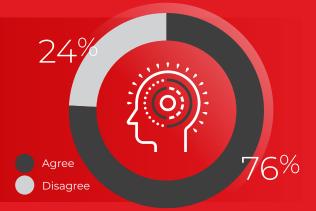
HEALTHY WORKPLACE IRELAND:

A Survey of Mental Health & Well-being Promotion in Irish Firms



Do Irish employers agree they have a responsibility to workplace mental health?

76% of employers in Ireland recognise their responsibility in supporting employee mental health.





Are Irish employers investing in workplace mental health?

One in five employers have a dedicated mental health budget.

50% 43% 1/245% 40% 37% 329 319 29 30% 25% 239 22% 19% 20% 10% Mental Health **Monitor Mental** Health & Mental In-house Champions Health & Health Plan Support & Wellbeing Lead Wellbeing Signposting 🛑 Ireland 🛑 England

WORKPLACE MENTAL HEALTH & WELL-BEING SUPPORTS

32% of Irish employers have a health and well-being lead at board level; **23%** have a mental health plan; **10%** have employee mental health champions.

Irish employers are **less likely** to provide these supports than their English counterparts.

Bourke, Roper, Lenihan. Healthy Workplace Ireland: A Survey of Mental Health & Well-being Promotion in Irish Firms. March 2023







